



PROgress

The Luther Street Medical Centre Social Prescribing Service

What is Social Prescribing?

Our Social Prescribers will spend time with you exploring what matters to you and identifying what your goals are.

They will then work with you to assist you in achieving those goals. Your goals may be to live a healthy and active life, explore the arts, identify support services, assist with housing, benefits and financial support, gain employment or explore training and volunteering opportunities.

If needed, social prescribers can support you to make contact with services and can accompany you to activities until you feel confident in going alone.

We can support you to create something new if the kind of service or support you are looking for isn't out there already.

What are the benefits?

- Improve your mental and physical health
- Meet new people
- Learn a new skill or participate in a new activity
- Increase self confidence and self-esteem
- Better quality of life
- Get involved in your community

Oxford Homeless Medical Fund

Our Social Prescribers, as well as other members of the Luther Street team, can make applications to the Oxford Homeless Medical Fund – a fund to help patients with the costs of activities related to improving their health as well as key recovery activities such as money towards hobbies, education, training, or travel costs involved in recovery activities.

How do you refer to the service?

You can self-refer, be referred by a professional or carer.

Contact us:

Telephone:

Call 01865 901571
and ask for the
Social Prescriber Service.

Email:

ismcreception@oxfordhealth.nhs.uk
and ask for the
Social Prescriber Service.

**An initial assessment will then be completed
with you on the phone or in person.**

“Progress is a positive reason for movement”
JL 2021

If you would like to have information translated into a different language, please contact the Equality and Diversity Team at: EqualityandInclusion@oxfordhealth.nhs.uk

Arabic يُرجى الاتصال بنا إذا كنتم ترغبون في الحصول على المعلومات بلغة أخرى أو بتسليق مختلف.

Bengali আপনি এই তথ্য অন্য ভাষায় বা আলাদা আকারে

পেতে চাইলে অনুগ্রহ করে আমাদের সাথে যোগাযোগ করুন।

Urdu اگر آپ یہ معلومات دیگر زبان یا مختلف فارمیٹ میں چاہتے ہیں تو برائے مہربانی ہم سے رابطہ کریں۔

Chinese 若要以其他語言或格式提供這些資訊，請與我們聯繫

Polish Aby uzyskać informacje w innym języku lub w innym formacie, skontaktuj się z nami.

Portuguese Queira contactar-nos se pretender as informações noutra idioma ou num formato diferente.

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